

ITALY ISD

High School Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 1 Teachers PD No School for Students	Oct - 2 French Toast Sticks Maple Syrup Toast, Wheat Bread Cinnamon Toast Crunc Grape Jelly Fresh Fruit Apple Juice Orange Juice White Milk 1% Chocolate Milk	Oct - 3 Peach/Mango Smoothi Toast, Wheat Bread Cinnamon Toast Crunc Grape Jelly Strawberry Cream Che Fresh Fruit Apple Juice Orange Juice White Milk 1% Chocolate Milk	Oct - 4 Morning Rolls Toast, Wheat Bread Grape Jelly Cocoa Puffs Fresh Fruit Apple Juice Orange Juice White Milk 1% Chocolate Milk	Oct - 5 Glazed Donuts Toast, Wheat Bread Grape Jelly Trix Fresh Fruit Apple Juice Orange Juice White Milk 1% Chocolate Milk
Oct - 8 Holiday	Oct - 9 Breakfast Sandwich Toast, Wheat Bread Cinnamon Toast Crunc Grape Jelly Fresh Fruit Orange Juice Apple Juice White Milk 1% Chocolate Milk	Oct - 10 Peach/Mango Smoothi Toast, Wheat Bread Lucky Charms Grape Jelly Strawberry Cream Che Fresh Fruit Apple Juice Orange Juice White Milk 1% Chocolate Milk	Oct - 11 Egg & Sausage Burrito Toast, Wheat Bread Grape Jelly Cocoa Puffs Fresh Fruit Apple Juice Orange Juice White Milk 1% Chocolate Milk	Oct - 12 Peanut Butter & Jelly S Toast, Wheat Bread Grape Jelly Trix Fresh Fruit Apple Juice Orange Juice White Milk 1% Chocolate Milk
Oct - 15 Peach/Mango Smoothi Toast, Wheat Bread Trix Strawberry Cream Che Grape Jelly Fresh Fruit Apple Juice Orange Juice White Milk 1% Chocolate Milk	Oct - 16 Biscuit & Sausage Toast, Wheat Bread Grape Jelly Cinnamon Toast Crunc Fresh Fruit Orange Juice Apple Juice White Milk 1% Chocolate Milk	Oct - 17 Peach/Mango Smoothi Toast, Wheat Bread Lucky Charms Grape Jelly Strawberry Cream Che Fresh Fruit Apple Juice Orange Juice White Milk 1% Chocolate Milk	Oct - 18 Scramble Eggs & Toas Hashbrown Toast, Wheat Bread Cocoa Puffs Fresh Fruit Orange Juice Apple Juice White Milk 1% Chocolate Milk	Oct - 19 Mini Waffles w/Syrup Toast, Wheat Bread Trix Fresh Fruit Apple Juice Orange Juice White Milk 1% Chocolate Milk
Oct - 22 Strawberry/Banana Sm Toast, Wheat Bread Trix Grape Jelly Strawberry Cream Che Fresh Fruit Orange Juice Apple Juice White Milk 1% Chocolate Milk	Oct - 23 French Toast Sticks Maple Syrup Toast, Wheat Bread Cinnamon Toast Crunc Grape Jelly Fresh Fruit Apple Juice Orange Juice White Milk 1% Chocolate Milk	Oct - 24 Peach/Mango Smoothi Toast, Wheat Bread Lucky Charms Grape Jelly Strawberry Cream Che Fresh Fruit Apple Juice Orange Juice White Milk 1% Chocolate Milk	Oct - 25 Morning Rolls Toast, Wheat Bread Grape Jelly Cocoa Puffs Fresh Fruit Apple Juice Orange Juice White Milk 1% Chocolate Milk	Oct - 26 Peanut Butter & Jelly S Toast, Wheat Bread Grape Jelly Trix Fresh Fruit Apple Juice Orange Juice White Milk 1% Chocolate Milk

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Oct - 29 Strawberry/Banana Sm Toast, Wheat Bread Trix Grape Jelly Strawberry Cream Che Fresh Fruit Orange Juice Apple Juice White Milk 1% Chocolate Milk	Oct - 30 French Toast Sticks Maple Syrup Toast, Wheat Bread Cinnamon Toast Crunc Grape Jelly Fresh Fruit Apple Juice Orange Juice White Milk 1% Chocolate Milk	Oct - 31 Peach/Mango Smoothi Toast, Wheat Bread Cinnamon Toast Crunc Grape Jelly Strawberry Cream Che Fresh Fruit Apple Juice Orange Juice White Milk 1% Chocolate Milk		

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