

# ITALY ISD

## High School Lunch Menu

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Sep 26, 2018

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 1 Teachers PD No School for Students	Oct - 2 Orange Chicken & Ric Steamed Broccoli Seasoned Carrots Rossy Pears Assorted Fruit Juice White Milk 1% Chocolate Milk P&J Sandwich Box	Oct - 3 French Bread Cheese French Bread Peppero Seasoned Corn Seasoned Spinach Assorted Fruit Juice Dice Apricots White Milk 1% Chocolate Milk P&J Sandwich Box	Oct - 4 Nachos With Beef Charro Beans Jalapenos Mixed Fruit Assorted Fruit Juice White Milk 1% Chocolate Milk P&J Sandwich Box	Oct - 5 Turkey Croissant Buffalo Sidewinders Fresh Baby Carrots Fruit Cup Assorted Fruit Juice White Milk 1% Chocolate Milk P&J Sandwich Box
Oct - 8  Holiday	Oct - 9 Buffalo Wings Mac & Cheese Peas Seasoned Carrots Orange Applesauce Assorted Fruit Juice Ketchup Pak. White Milk 1% Chocolate Milk P&J Sandwich Box	Oct - 10 Sliced Pepperoni Pizza Sliced Cheese Pizza Seasoned Corn Seasoned Spinach Assorted Fruit Juice Dice Apricots White Milk 1% Chocolate Milk P&J Sandwich Box	Oct - 11 Cheese Enchiladas Spanish Rice Pinto Beans Homemade Salsa Dice Apricots Assorted Fruit Juice White Milk 1% Chocolate Milk P&J Sandwich Box	Oct - 12 Chicken Philly Cheese Curly Fries Tomato & Cucumer Sa Fruit Cup Assorted Fruit Juice Ketchup Pak. White Milk 1% Chocolate Milk P&J Sandwich Box
Oct - 15 Chicken Drumsticks Au Gratin Potatoes Broccoli w/ Cheese sa Wheat Rolls Fresh Fruit Assorted Fruit Juice White Milk 1% Chocolate Milk P&J Sandwich Box	Oct - 16 Buffalo Wings Mac & Cheese Peas Tomato & Cucumer Sa Fresh Fruit Assorted Fruit Juice Ketchup Pak. White Milk 1% Chocolate Milk P&J Sandwich Box	Oct - 17 Pepperoni Calzone Seasoned Corn Garden Salad Fresh Fruit Assorted Fruit Juice White Milk 1% Chocolate Milk P&J Sandwich Box	Oct - 18 Delux Nachos Charro Beans Jalapenos Pico De Gallo Sour Cream Fresh Fruit Assorted Fruit Juice White Milk 1% Chocolate Milk P&J Sandwich Box	Oct - 19 Crispy Chicken Sandwi Potato Wedges Burger Trims Assorted Fruit Juice Fresh Fruit Mustard PC. Ketchup Pak. White Milk 1% Chocolate Milk P&J Sandwich Box
Oct - 22 Beef Fingers Mashed Potatoes Country Gravy Steamed Broccoli Wheat Rolls Mixed Fruit Assorted Fruit Juice White Milk 1% Chocolate Milk P&J Sandwich Box	Oct - 23 Baked Potato, BBQ Bake Potato Fixings Wheat Rolls Pork & Beans Peaches Slices Assorted Fruit Juice White Milk 1% Chocolate Milk P&J Sandwich Box	Oct - 24 Sliced Pepperoni Pizza Sliced Cheese Pizza Seasoned Corn Seasoned Spinach Assorted Fruit Juice Dice Apricots White Milk 1% Chocolate Milk P&J Sandwich Box	Oct - 25 Soft Chicken Taco Shreeded Cheese Refried Beans Homemade Salsa Spanish Rice Taco Trims Bar Orange Applesauce Assorted Fruit Juice White Milk 1% Chocolate Milk P&J Sandwich Box	Oct - 26 Bacon Cheeseburger Buffalo Sidewinders Burger Trims Assorted Fruit Juice Fruit Cup Mustard PC. Ketchup Pak. White Milk 1% Chocolate Milk P&J Sandwich Box
Oct - 29 Chicken Nuggets Green Beans Country Gravy Wheat Rolls BBQ Sauce Ketchup Pak. Peaches Slices Assorted Fruit Juice White Milk 1% Chocolate Milk	Oct - 30 Orange Chicken & Ric Steamed Broccoli Seasoned Carrots Rossy Pears Assorted Fruit Juice Ketchup Pak. White Milk 1% Chocolate Milk	Oct - 31 Pepperoni Calzone Seasoned Corn Garden Salad Candy Corn Parfait Vanilla Ice Cream Assorted Fruit Juice White Milk 1% Chocolate Milk P&J Sandwich Box		

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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